

FURNACE GREEN SURGERY



Providing NHS services

AUTUMN NEWSLETTER

Say Boo to the Flu!

It's one of our busiest times of year as we move into flu season.

Flu vaccination is important because, while flu is unpleasant for most people, it can be dangerous and even life threatening for some, particularly those with certain health conditions.

Flu vaccines are very safe. Most side effects are mild and only last a day or so, such as muscle aches or a slight fever. Please note the flu vaccine cannot give you flu.

As you can see, our nursing team are raring to go for our children's flu clinics! We will be inviting children aged 2-3 for a nasal spray vaccine in October and our nurses are ready to say boo to the flu!



We expect to start giving adult flu vaccines in early October. You will receive an invitation if you:

- are over 65
- are recorded as a carer
- are recorded as being pregnant
- have certain long-term conditions including diabetes and respiratory conditions like asthma and COPD

The same group of patients will be eligible for COVID vaccinations. Visit www.nhs.uk/nhs-services/covid-19-services/covid-19-vaccination-services/book-covid-19-vaccination/ from October for details on how to book.

Please book a flu vaccination appointment when you receive your invitation.

If you want to decline the vaccine, please email us at sxicb-wsx.furnacegreen-reception@nhs.net.

Other vaccines

Shingles



Shingles is a common, painful skin disease. Some people are left with pain lasting for years after the initial rash has healed. Shingles can also be fatal for around 1 in 1,000 over-70s who develop it.

People in their seventies can have a vaccination against shingles on the NHS. Starting from this year, people who turn 65 after 1st September 2023 will also become eligible when they turn 65. Unlike the flu vaccine, you only need one shingles vaccine. You do not need to repeat it every year.

Pneumococcal



The pneumococcal vaccine helps protect you against bacteria which cause serious illnesses like:

- pneumonia
- meningitis
- sepsis

Most adults only need one dose of the pneumococcal vaccine. You become eligible when you turn 65. If you are older than 65 and have never had a pneumococcal vaccine, you can have it late. Some younger people are also eligible if they are at high risk of serious illness from pneumococcal infections.

**We will send invites to eligible patients for these vaccines.
Visit www.nhs.uk/conditions/vaccinations/ for more information.**

